



Dee Why Surf Life Saving Club

# The Deewhy Surfer

[dyslsc.org.au](http://dyslsc.org.au)

Issue 88 5/2008-2009 Season

January, 2009

## Dates for your Diary

- January 12** – Spinal Management Course
- January 12-16** – Surf Rescue Certificate
- January 16** – IRB Crew & Drivers Course
- January 17** – Round 3 Ocean Thunder Series
- January 19** – New Bronze Medallion Induction
- January 22** – Nipper Camp
- January 26** – Australia Day Breakfast DY beach
- February 10** – Defib Course
- February 13** – Round 4 Ocean Thunder Series

right up to today. So, start looking in the cupboards, garage, anywhere for items of Club interest. The Anniversary Sub-Committee meets on the first Sunday of each month at 10am in the Betty Barry Room; members are welcome to come along.

Thank you to those that came down to join the Annual Christmas Day Pudding Sand Dig and nibbles. Pleased to report that this season no puddings were lost (and one extra found!). Thank you to those patrolling members who gave their time to patrol over the Christmas New Year period, including the 3 Active Reserve patrols. Over 11,000 people visited Dee Why Beach on New Year's Day with no reported incidents or major rescues... no shark sightings this end of the bay.

Northern District TAFE is offering SLS Sydney Northern Beaches members 5 scholarships for any course that TAFE conducts, up to a value of approx \$1,700. Younger members are encouraged to apply. For further details and applications visit the branch web site [www.surflifesaving.net.au](http://www.surflifesaving.net.au).

## From the President's Laptop

With Adrienne Lowe

Welcome to 2009, only 3 years until the DYSLSC 100<sup>th</sup> Anniversary! The first draft of the 100 Year Book is due to be completed by June 09. Do you have family or friends who have stories that could be included in our Anniversary book? Let us know by sending an email to [secretary@dyslsc.org.au](mailto:secretary@dyslsc.org.au) or phoning the Club on 9971 8047. We are also looking for photos, not only the old ones we need photos

Each year Surf Life Saving acknowledges members for outstanding achievements and service to the Club, Branch and the local Community. The DYSLSC is seeking nominations from members in the following award categories - Volunteer of the Year, Surf Life Saver of the Year, Official of the Year, Athlete of the Year, Coach of the Year. If you know of a Club member who is worthy of further recognition, please contact me on [president@dyslsc.org.a.u](mailto:president@dyslsc.org.a.u). Nominations close on the 30<sup>th</sup> January



22 new Bronzies and SRCs have finished training are ready to be welcomed onto patrol. Again, the quality of candidates produced by the DYSLSC education department is outstanding. Patrol Captains can be confident new Bronzies and SRCs are trained to the highest SLS standards. Congratulations to new Bronzies, Anina and Mark for not only completing the Bronze and purchasing a new house, but also on the expected arrival of a new Nipper due in August.



Our latest SRC holder, Steve Polly, has nearly worn out his patrol shirt with over-use. Steve has volunteered on several patrols since gaining his award and is already taking about helping out at Surfcom.

## Behind the Scenes

I wish to thank the Club Secretary, Michael Crawford and Club Registrar, Sue Cheney for ensuring the Club fulfilled all the SLS NSW administration requirements within the specified time. The following information was collated and sent to State centre:

- . Full set of audited financial statements
- . A hard copy of the annual report
- . A signed affiliation form
- . Completed and endorsed SLS Service Agreement
- . Contact details for Club office bearers
- . Club life saving equipment information

We received a cheque from SLS NSW for \$6,337 for being compliant.

Three of our members have volunteered their time to help out in the radio room at Surfcom. If you would like to join the team up at Surfcom let me know (BYO coffee).

Branch has promised each Club an audit on their proficiencies and educational programs. Maz, Gaz, Kaz and Sue Cheney have spent literally hours sifting through paperwork, transferring data from the slips of signed paper onto proficiency logs then into Surfguard. We are ready for inspection, thanks team.

The DYRSL are major sponsors of the Club and I would like to acknowledge the following departments for attending Cash Housie last month - Education, Competition and Patrol. Greg Punch has volunteered to take on the role as Cash Housie Co-ordinator. Rostered on next is the Executive, Nippers, Nipper competitors and the Board and Ski team. Department heads are advised to contact Greg with the name of the member who will be attending on the Club's behalf.

## What's new?

The Club has installed a gas line to the downstairs BBQ, eliminating the need for gas bottles. Warringah Council are in the process of repairing the Club roof. I won't comment on the time it has taken to get to this stage, or the pace of the work in progress. The IRB department has installed a white board next to the Nipper cage with information on operational motors. Patrol Captains; if you do not know the combination to the locks securing the IRB motors, please give Darren Armitage a call.

Each month the Club will focus on an area of emergency care. January is **Spinal Management**, in particular stiff neck collars. Patrols are encouraged to practice fitting the collar when conditions are quiet. The Club will purchase a second spinal board and an adjustable stiff neck collar that can live in the patrol tent with the Oxy-viva. Each season we have several serious spinal cases on our beach. All members trained in spinal management need to be competent in the use of the stiff neck collar. Take it from someone one who has been on the receiving end of a spinal accident, the correct immobilization of spinal injury can mean the difference between death, disability, or recovery. Check out info in Up & Coming Courses if you are interested.

## Looking ahead

Don't miss the chance to cheer on the boaties from Dee Why on January 17 in Round 3 and February 17



in Round 4 of the Ocean Thunder Series. Any help with the set-up, pack-up or the BBQ is appreciated. Let's hope we don't lose another automatic finish buzzer! Round 2 saw the device sink quickly beneath the waves despite Mr. Haggett and Mr. Lakeman diving into the water and conducting a creeping line underwater search in freezing early morning conditions. I am pleased to report, after hours of scanning, that Club Captain Dazza spotted his IRB sign in the break and leapt into the surf to retrieve it. Activities for our Nipper Camp on January 22 include Surf Awareness, games, sleepover and, most importantly for those over 10 years of age, First Aid and CPR training.

Highlights at our Australia Day Breakfast on January 26 are to include our Nippers display to be held in conjunction with the Orange Nippers plus a March Past demonstration. Touch pool courtesy of the DYSLSC and Ocean World Manly. There will also be a free breakfast for all Club members who assist Council with the morning's proceedings.

## Housekeeping

Patrols will be inspected this month. When attending patrol you are required to wear the FULL patrol uniform, including the cap. The Club came 4<sup>th</sup> last season in the Branch Patrol assessments and I'm sure we can do a little better this season. Patrols are reminded that they must erect the DHL tent whilst on duty - unless wind conditions prevent otherwise. The lower Club toilets are every member's responsibility; please ensure they are clean and tidy. A quick hose will usually do the trick. Members using the Betty Barry room are reminded that they need to deposit rubbish in our skip bin, located behind the roller door at the front of the building. If you find a ding on the patrol boards, don't hide it behind the others, please inform your patrol captain or the Club Captain team.

## Training & Education Awards

With Karen Marks

The Bronze Medallion was larger than usual and all of the candidates did Dee Why proud. They are a nice group of young people and most of them are good friends.

Bruce Richardson and Vivienne Cresswell were the Instructors and lots of people lent a hand like

Adrienne, Greg Punch, Steve Haggett, Allen Lakeman and myself.

We had two SRC's - Taylah Davies and Steven Polley. Both excelled themselves in this exam and Taylah overtook most of the pack well above her age to romp in the Run Swim Run.



Taylah with Mia and Steven Polley in the background

We are proud to announce our new Bronzies are:

Brendon Arnold  
 Peter Brown  
 Hayden Browne  
 Fiona Chan  
 Andras Eles  
 Natalie Lonsdale  
 Ryan Lonsdale  
 Jason MacBride  
 Daniel Millar  
 Shaifudeen Manakkad Thekke Peedikayil (Shaifu)  
 Nick Pape  
 Tim Parker  
 Meg Parker  
 Anina Rich  
 Mark Williams  
 Matt Sutton  
 Andrea Roditis  
 Zane Kruger  
 Ryan Tucker  
 Matthew Pearce  
 Sarah Reading

Part A was held at Dee Why and the candidates completed their Part B with a large group at North Curl Curl Surf Life Saving Club on December 14.



It was great to see one of our members Matt Elphick come along and support Steven Polley by doing the Run Swim Run with him.

We had a great turn up for the Presentation Night of the Bronzies and everyone had a lot of fun. Steven Polley hasn't taken off his uniform!

Congratulations to our new IRB Silver Medallion Drivers - Berge Brieland, John Benson, Liam French and Michael Partos. Instructor and Trainer for this course were David Spink and Jason King.

I would like to say a big thank you to all the Instructors, Trainers and helpers that join into the courses to train or just lend a hand. To the Patrol Captains and their teams who help with water safety during the courses and place the buoys for our Run Swim Runs. This amazing support network is what stands us apart from many.

## UP AND COMING COURSES

### **Spinal Management Course**

Monday, January 12 @ 6.15pm  
Dee Why SLSC

### **Surf Rescue Certificate**

This is a 1-week course.

Monday, January 12 through to Friday, January 16  
9.00am - 3.30pm  
Exam Friday, January 16.  
Candidates must be 13 years or over  
Limited numbers.

### **IRB Crew & Drivers Course**

New IRB Crew Course  
Monday, February 16 @ 6.00pm - Theory  
Sundays @ 10.30am for 11.00am - Water Work  
Exam on Sunday, March 29

### **New Bronze Medallion Course**

Monday, January 19  
6.30pm - Betty Barry Room, DYSLSC  
This is an induction evening for members or new friends to come along and understand what is involved in a Bronze course and meet the people who will be taking them through this wonderful new life skill!

### **Defibrillation Course**

Tuesday, February 10 @ 6.15pm

### **Senior First Aid Update Course**

No dates set yet. Numbers will be taken from interested candidates.

If you are interested in any of these courses, please contact Karen Marks @

[Coyote18@bigpond.net.au/0409030881](mailto:Coyote18@bigpond.net.au/0409030881)



Ryan Tucker as the perfect patient



Catching a breath after the Run Swim Run



## Attention ALL members: Sunday Morning Club Events

- \* Club water and beach events open for all members, cadets (U15) through to masters (30+)
- \* Open to all new members currently undertaking their SRC and Bronze awards
- \* Opportunity for new and existing members to improve their fitness and skills
- \* Good preparation for Club Championships to be held later in the season
- \* Most of all, very social and great fun!

### Structure of Events

- \* Every Sunday Morning
- \* Start time – 10.30am, 45minute sessions to allow members to plan their participation (after Nippers)
- \* Beach/surf conditions prevailing, events will include a selection of the following:

Surf Swim  
Pool Swim/Relay  
Board race (teams relay)  
Board race (individual)  
Board 1km Race (warm up for the 2km Board Paddle Championship towards the end of the season)  
Beach Sprint  
Beach Flags  
Beach Relay  
Taplin Relay (3 person per team – swim, board, ski)  
Poles Beach Run (and back)  
Trigg Point Run (warm up for the Trigg Point Championship event towards the end of the season)  
Lifesaver Relay (including boats – run through in preparation to SNB Branch Champs event)

Weekly Results will be published on club noticed board (outside club captains room).

Contact either:

Gary Yabsley [yabsley5@bigpond.com](mailto:yabsley5@bigpond.com)  
Phil Thomas [competition@dyslsc.org.au](mailto:competition@dyslsc.org.au)

## Towards 2012 - Snippets from the Club's History

### The Longest Surf Boat Row in History

Many people may not be aware that the Dee Why SLSC holds the record for the longest surfboat in history. In total, the crew of 6, captained by Norm Harris, rowed for two and a half days and covered 60 miles in a surfboat named 'Fancy Fare'.

In 1945, Norm Harris, Bert Bryant, Les Gregg, Eddie Quirk, George Thompson and Bill Miller rowed from Dee Why to Newcastle to compete in the Northern Surf Life Saving Championships. The DYSLSC applied for a license from the Fuel Board to carry the boat to Newcastle by road, however this was refused. Hauling the boat by lorry was now out of the question. So, the team decided to row. Supplies for the journey included two one-gallon jars of water, chocolate cake (baked by Mrs. Harris), fruit and biscuits.

Day 1 - Left at 4am, conditions were favourable; by 6.30am the North Easterly hit and one crewmember, Les, spent the next 6 hours sea sick prone on the bow. The Avoca SLSC provided a much-welcomed pit stop, initially being mistaken for Terrigal.

Day 2 – At 4am the crew set out again. The swell was up and fortunately there was no wind. Approximately 9 miles out from the bomoras off Terrigal, the crew ran straight into a 60-mile hour gale with blinding rain and shooting 10-foot waves. Vision was limited to only a few feet. In these conditions Greg commenced bailing water out of the boat with the billy can (no automatic pumps in 1945). Greg was nearly washed overboard, hauled aboard again by Les and Norm. At one point it was easier to pull the oars through the water than against the wind. The crew stopped at Boat Harbour for rum, dinner and a hot breakfast. A maritime map was provided for the remaining journey.

Throughout the journey the only casualty was Bill Miller, whose hands were severely blistered. A woman at Swansea gave Bill a pair of silk stockings to relieve the pressure on his hands so he could row over the last stage of the journey.



And the carnival? The Dee Why boat left Sydney before being fully completed. The shipwrights were to travel to the carnival to put the finishing touches on 'Fancy Fare', but as luck would have it, their car broke down on the way up. Still, Dee Why did enter and finish the event, in treacherous surf that saw other Clubs refuse to enter. They were swamped by a huge wave and were lucky not to capsize.



### **Christmas Day Plum Pudding Dig**

Many thanks for the President's shout for the glass of Champagne and Christmas Cheer



## 100 year club history book

### HELP REQUIRED.

Do you own a PC and can type up some pages in Microsoft word.

We need to convert our first 50 years of history into electronic format

Can you assist by typing up, say 10 pages, of The drowning don't die. Our first 50 years?

Do it in your leisure at home. The hard copy will be sent to you or you can collect it at the club.

If you can help please contact Mike Crawford on 0418461312 or at [secretary@dyslsc.org.au](mailto:secretary@dyslsc.org.au)

All help appreciated.





## Dee Why Surf Life Saving Club 1912-2012

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### 100 years celebrations

### Logo Competition

The Dee Why Surf Life Saving Club will be celebrating its Centenary year in 2012.

2012 will mark 100 years of patrols on Dee Why Beach.

The Centenary committee are planning a number of events to mark this milestone in our Club's history. Plans include a Centenary book, community open days, and Branch carnivals, historical displays including photos and memorabilia, and a competition to design a Dee Why Surf Life Saving Club 100 year logo.

**We would like to invite all club members to participate in a competition to design a Centenary Club logo.**

**The design must include the Black Swan above and the dates 1912 and 2012.**

The winning logo will be used in a number of applications including:

- Official letterheads
- Posters
- Advertising
- Banners
- Embroidery
- Newsletters
- Club Centenary Medals

The winners will receive a PC software package including:

Microsoft Vista  
Microsoft Office 2007 (Word, Excel, etc)  
Microsoft Student 2007  
Microsoft Flight Simulator Version 10

Valued at \$1,500.

Please send all entries to:  
[secretary@dyslsc.org.au](mailto:secretary@dyslsc.org.au)

or contact

Adrienne Lowe  
President  
Dee Why Surf Life Saving Club

Competition closes at end of season, April 2009.



## Marketing & Sponsorship

With Steve Haggett



**Adrienne Lowe and Steve Haggett accepting a cheque from Jodie Burton of Westpac**

Many thanks to Westpac for their recent promotion of DYSLSC. All the staff put in a great effort whilst having fun along the way. Westpac also ran a BBQ breakfast whilst accepting donations on behalf of our Club.



**Thanks to Aussie for coming on board again with DYSLSC**

## Community Rebate Program



Sydney Digital & Print Services located at Unit 18, 14 Jubilee Avenue, Warriewood N.S.W. 2102 has contacted Dee Why Surf Club in respect to a Community Rebate Program. Denise Booth,

previously the owner of Acacia Embroidery, who has strongly supported Dee Why SLSC over an extensive period of time with our clothing needs, is now involved with Digital & Print Services and came to the Club with this offer.

### HOW DOES THIS WORK?

Every business requires printed material. Sydney DPS provides our members' business with a competitive FREE quotation on their printing needs and, providing they order, Dee Why SLSC receives money with every purchase they make.

### HOW MUCH GOES TO DEE WHY SLSC?

Dee Why SLSC receives a quarterly cheque equal to 5% of the invoice value from all of our member purchases.

### WHAT'S IN IT FOR MEMBERS OF DEE WHY SLSC?

All our members either own or are employed by businesses that require printing. By requesting an obligation free quote from Sydney DPS, you could reduce costs in addition to generating funds for your community group.

Dee Why SLSC has registered the Club in the Community Rebate Program. When any person or business requests an obligation free quote and subsequently orders with Sydney DPS, 5% of the invoice value is given to Dee Why each quarter. At this stage, Dee Why has two firms registered with the program, proudly supporting Dee Why.

You can contact Denise Booth at:

Work: 9999 1233

Mobile: 0400 600 792

Email: [denise@sydneydps.com.au](mailto:denise@sydneydps.com.au)



**NON-FINANCIAL  
MEMBERS NEED  
TO ACT  
URGENTLY TO  
JOIN.**

**PLEASE CONTACT DENISE  
GAMMIE, DARREN  
ARMITAGE OR ADRIENNE  
LOWE.**

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## **Board and Ski**

**With Pete Hatfield**

Another month of strong training has been completed and the major carnivals are approaching fast, so be sure to let Phil Thomas know what you're entering. Queenscliff carnival is this weekend 10.1.09 so be sure to report on time and good luck!

Dee Why had a good turnout for the Freshwater Masters Carnival, which was held in freezing conditions (it was snowing down south) in early December.

December 21 saw the running of the 20 Beaches Ocean Ski Race in tough conditions. A strong field of 180 paddlers left Palm Beach and finished at Shelly Beach around two hours later. Hayden Quinn, Geoff Crittle, Chris Morgan and myself all completed the event. Big thanks to Marty Quinn for his assistance at the finish line. Results can be found at [www.oceanseries.com.au](http://www.oceanseries.com.au).



**Marty Quinn and Pete Hatfield**



**Dee Why members braving the cold conditions at Freshie**



**Ben Davies showing his running style**



## UBD Australian Surf Life Saving Championships 2009 – Scarborough Beach, Perth 2009



We are fast approaching the **Aussies2009** which will be held from **17-22 March 2009 at Scarborough Beach Perth WA** and now is the time to book your flights to make the most of the cheaper airfares.

The Dee Why SLSC Touring Team will be travelling on the following dates. Please advise Phil Thomas ([competition@dyslsc.org.au](mailto:competition@dyslsc.org.au)) and Martin Quinn ([marty.quinn@hotmail.com](mailto:marty.quinn@hotmail.com)) when you have booked your flights (even if they are outside the dates below) so we can keep everyone informed about ground transport arrangements (Bus to Sydney Airport and from Perth Airport to accommodation), accommodation requirements (families travelling, supporters, competitor groups e.g. boat crews, etc.), equipment transportation requirements and of course the all important Aussies 2009 Championship Event Updates.

Depart Sydney: March 15, 2008 (Sunday)  
 Flight: DJ427 Virgin Blue  
 Departure Time: 9.15am  
 Arrive Perth: 12.15pm  
 Cost: \$249 + \$8 baggage

Depart Perth: 24<sup>th</sup> March 2008 (Tuesday)  
 Flight: DJ434 Virgin Blue  
 Departure Time: 4.15pm  
 Arrive Sydney: 10.30pm  
 Cost: \$229 + \$8 baggage

As a comparison, Qantas was more expensive at \$303 across and \$329 return.

Visit [www.slsa.asn.au](http://www.slsa.asn.au) for more information about Aussies2009.

If you have any questions, please contact Phil Thomas or Marty Quinn.



**Nan & Mike Crawford are a great team**

## COMPETITION DATES

Competition Dates for the remainder of the season in which Dee Why SLSC will be participating are as follows:

- Sat 10 Jan 09 – Open Carnival at Queenscliff
- Sun 11 Jan 09 – East Coast Masters at Collaroy
- Sat 17 Jan – Ocean Thunder Rnd 3 Dee Why
- Fri 23 Jan 09 – First Aid Competition Round 3 at Manly
- Sat 24 Jan 09 – Open Carnival at Manly
- Sun 25 Jan 09 – Boat Carnival at Manly
- Sun 25 Jan 09 – Australia Day Carnival at Freshwater
- Mon 26 Jan 09 – Boat Carnival at Freshwater
- Sat 31 Jan 09 – Open Carnival at Coogee (Boats only)
- Sun 1 Feb 09 – SNB Branch Championships – Surf Board Riding at Palm Beach
- Sun 1 Feb 09 – SNB Branch Championships – Boat Carnival at Palm Beach
- Sun 1 Feb 09 – SNB Branch Championships – Lifesaving Events at Palm Beach (includes Lifesaver Relay event)
- Sat 7 Feb 09 – SNB Branch Championships – Open Carnival
- Sat 7 Feb 09 – ASRL Boat Carnival at Broulee
- Sun 8 Feb 09 – ASRL Boat Carnival at Broulee
- Sat 14 Feb 09 – Ocean Thunder Round 4 at Dee Why – help required



- Sat 21 Feb 09 – Battle of the Boats at Pacific Palms
- Sun 22 Feb 09 – Battle of the Boats at Pacific Palms
- Thurs 26 Feb 09 – NSW Surf Life Saving Masters Championships at Swansea Belmont
- Fri 27 Feb 09 – NSW Surf Life Saving Open Championships at Swansea Belmont
- Sat 28 Feb 09 – NSW Surf Life Saving Open Championships at Swansea Belmont
- Sun 1 Mar 09 – NSW Surf Life Saving Open Championships at Swansea Belmont
- Sun 1 Mar 09 – Pack shipping containers for Aussies 2009 Perth at Dee Why
- Sun 15 Mar 09 – Touring Team depart for Aussies 2009 Scarborough Beach Perth WA
- Tues 17 Mar 09 – Australian Surf Life Saving Masters Championships at Scarborough Beach Perth WA
- Wed 18 Mar 09 – Australian Surf Life Saving Masters Championships at Scarborough Beach Perth WA
- Thurs 19 Mar 09 – Australian Surf Life Saving Open Championships Perth WA
- Fri 20 Mar 09 – Australian Surf Life Saving Open Championships Perth WA
- Sat 21 Mar 09 – Australian Surf Life Saving Open Championships Perth WA
- Sun 22 Mar 09 – Australian Surf Life Saving Open Championships Perth WA

Entries for SNB Branch Championships will close on Sun 25 Jan 09.

Entries for the NSW Surf Life Saving Championships will close on Sun 1 Feb 09.

Entries for the Australian Surf Life Saving Championships will close on Sun 8 Feb 09.

Please contact Phil Thomas  
[competition@dyslsc.org.au](mailto:competition@dyslsc.org.au) to arrange for your entries into the above carnivals.



**Steve Haggett being assessed for his First Aid skills**



**Spinal Management**



**Simon Moriarty is in control**



DEE WHY SURF LIFE SAVING CLUB WISHES TO  
ACKNOWLEDGE AND THANK THE FOLLOWING SPONSORS:



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INSTITUTE  
OF  
MATHEMATICS



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