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Goal:

Our primary Goal is for nippers to enjoy themselves on the beach. To accomplish this we will endeavor to educate them on all aspects of water safety and assist them in developing skills in the surf. We will provide a healthy competitive environment and encourage all nippers to participate.

In order for us to achieve our goal and to ensure the season runs smoothly, we rely strongly on **ALL** nipper parents to assist where possible

Running Of Nippers

- Marshalling in front of club at **8:45 Sharp**
- Start time on the beach for events at **9am** for all nippers

- Finish time approx 10:30 – 11:00am for all age groups.
- Nipper children are expected to be in attendance **15 minutes** prior to their respective start time in front of the surf club for a briefing of the days events.
- Nippers will be held every weekend except for the two weeks over Christmas. See calendar in centre of this booklet for more information.
- On carnival weeks, non-competing nippers are encouraged to attend as per normal. Nippers will be run on these weeks along with skills development.
- Nippers will only be canceled in the event of severe weather - contact your age manager to confirm
- Water events will be held at the discretion of water safety and the patrol captain. The decision will be made based on conditions and the group's competency.
- U6's and U7's will be split into smaller more manageable groups as required to assist with smooth running
- The BBQ will be run till 11:30am

Requirements of Nippers and Parents

- In order to participate all nippers must wear their **Dee Why nipper cap** with their name clearly marked on it and a pair of **Dee Why swimmers or shorts**.
- For identification purposes and in order to assist age managers, only Dee Why swimmers, shorts and rash vests will be allowed to be worn during nippers.
- All nippers should be well protected from the sun. **Sun screen should be applied 30 min before** getting on the beach and a rash vest worn when appropriate.
- **Parents are expected to stay on the beach while nippers is in progress. They are asked to assist where possible**
- An age group will be rostered on each week to assist with set up and pack up of the beach as well as assisting with the BBQ and weekly raffle. This will be coordinated by the age managers and parents will be asked to help. **If the age managers are unable to find any help they will be required to perform the tasks themselves which may result in that age group not being able to participate in activities.** A copy of the roster is included in this booklet. All money raised from the BBQ and raffle goes towards the Junior presentation day/evening and nipper equipment. Your assistance will be greatly appreciated.

New Initiatives

- New events for all nippers to include all aspects of surf rescue and to encourage non competitors to participate more actively.
- Introduction of Cadets and SRC holders to assist age managers enhance the experience and enjoyment for the younger nippers
- Fundraising events throughout the year

General Information

- New nippers will have orientation on the first day.
- The Clothing shop will be open before nippers from 8:15am to 9:30am
- **Nipper swimmers are made for salt water only, chlorine will damage them and warranty will be void. Washing in detergent will also void warranty. Please follow care instructions carefully.**
- Nippers does not teach swimming. The club can recommend some suitable swim schools, ask your age managers.
- All club boards are to be returned after nippers, they will be cleaned and packed away by an age manager or coach. Boards may only be used outside nippers for training or under supervision of a coach or age manager.
- For an update on club championship events check the web www.dyslsc.org.au , nippers tab.
- Children **must not** leave their age group unless accompanied by an adult such as their age manager or their parent unless given permission by the parent.
- **Any injury during nippers must be reported to the age manager who will follow up with the OH&S officer.**
- All nippers must sign on at the start of each session and must sign off before leaving their age group.
- Age managers will hold an emergency contact list for each nipper child.
- If lost, nipper children should seek either an age manager in the white Raine and Horne shirt or proceed to the patrol tent for assistance.

Competition

- All nippers who wish to compete in JAC, Branch and State carnivals must be proficient
- Competitors must complete a minimum requirement of training in order to compete. This training may be with the club or an external source. This requirement will be assessed and implemented by their coach.
- Competitors are representatives of the Dee Why surf club and should act as ambassadors of the club at all times.

Training

- Saturday training sessions for all levels starting Saturday 5th Sep at 2pm at Dee Why Beach
- Monday training sessions with seniors for advance paddlers only . Starting Monday 7th Sep. Training is at Narrabeen lake starting at 5pm, meeting at the lake behind North Narrabeen surf club .
- Wednesday & Friday Training sessions are at Dee Why at 5pm.
- Saturday morning training sessions at Dee Why beach, time TBA.
- Mid week training with seniors is with club coach Scott Jones . These sessions are at your cost to attend, as Scott is an external paid board paddling coach. The club will reimburse half of the coaching fees for competitors . The cost depends on the amount of session you attend per week.

One session per week	\$10
Two sessions per week	\$15
Three sessions per week	\$20
Four sessions per week	\$25
- Suitability of a nipper to attend mid week training with the seniors will be based on capability. The decision will be at the discretion of the coaches and will be determined and reviewed at the Saturday sessions



Date	Activities	Venue
Sun 13 th Sep	9am Nippers/Seniors Rego Day	Dee Why SLSC
Sun 20 th Sep	9am Nippers/Seniors Rego day	Dee Why SLSC
Sat 26 th Sep	3pm Proficiencies U8 - U14	Manly Seaeagles
Sat 26 - 27 Sep	8:30am Survivor Leadership camp U13-17	Warriewood SLSC
Sun 11 th Oct	9am Orientation, Surf Ed, Activities	Dee Why Beach
	Run – swim - run U9 - U14	Dee Why Beach
Sat 17 th Oct	4pm Age managers forum	Betty Barry Room
	6pm Nipper Parents welcome night	Betty Barry Room
Sun 18 th Oct	9am Surf Ed, Activities U6 - U14	Dee Why Beach
Sun 25 th Oct	9am Round 1 Club Champs U8 – U14	Dee Why Beach
	Surf Ed, Activities U6 – U7	Dee Why Beach
Sun 1 st Nov	9am Surf Ed, Activities U6 - U14	Dee Why Beach
	12:30pm Bennett Jnr. Craft Carnival	Dee Why Beach
Sun 8 th Nov	9am Round 2 Club Champs U8 – U14	Dee Why Beach
	Surf Ed, Activities U6 – U7	Dee Why Beach
Sun 15 th Nov	9am Skills Development, U6 – U14	Dee Why Beach
	7am Branch Carnival- JAC, U8 – U14	Manly
Sat 21 st Nov	7am Cronulla Jnr IMB Carnival	Cronulla Beach
Sun 22 nd Nov	9am Surf Ed, Activities U6 - U14	Dee Why Beach
	Bennett Jnr. Ironman challenge	Freshwater
Sun 29 th Nov	9am Surf Ed, Activities U6 - U14	Dee Why Beach
	10:30am Round 1 Iron Person	Dee Why Beach
Sun 6 th Dec	9am Skills Development, U6 – U14	Dee Why Beach
	7am Branch Carnival- JAC, U8 – U14	Queenscliff
Sun 13 th Dec	9am Round 3 Club Champs U8 – U14	Dee Why Beach
	10:30am Round 2 Iron Person	Dee Why Beach
	Surf Ed, Activities U6 – U7	Dee Why Beach
Sun 20 th Dec	9am Over the Hill Challenge	Dee Why Beach
	With North Curl Curl	

Sun 27th Dec / Sun 3rd Jan: Christmas Break

Date		Activities	Venue
Sun 10 th Jan	9am	Interclub challenge vs Long Reef	Dee Why Beach
Sun 17th Jan	9am	Skills Development, U6 – U14	Dee Why Beach
	7am	Branch Carnival- JAC, U8 – U14	Queenscliff
Sat 23-26 Jan	9am	Development camp with Orange Bush Nippers / Australia day Exhibition	Dee Why Beach
Tue 26th Jan	8am	U13 – Open surf carnival	Freshwater
Sun 31 st Jan	9am	Surf Ed, Activities U6 – U7	Dee Why Beach
Sun 7th Feb	9am	Skills Development, U6 – U14	Dee Why Beach
	7am	SNB Branch Champs, U8 – U14	TBA
Sun 14 th Feb	9am	Round 4 Club Champs U8 – U14	Dee Why Beach
	10:30am	Round 3 Iron Person	Dee Why Beach
	9am	Surf Ed, Activities U6 - U14	Dee Why Beach
Fri 19-21 Feb	7am	NSW State Champs U8 – U14	Swansea Beach
Sun 21 st Feb	9am	Skills Development, U6 – U14	Dee Why Beach
Sun 28 th Feb	9am	Surf Ed, Activities U6 - U14	Dee Why Beach
		Backup Club Champs/Iron person	Dee Why Beach
Sun 7 th Mar	9am	Surf Ed, Activities U6 - U14	Dee Why Beach
		Backup Club Champs/Iron person	Dee Why Beach
Sun 14 th Mar	9am	Surf Ed, Activities U6 - U14	Dee Why Beach
		Backup Club Champs/Iron person	Dee Why Beach
Sun 21 st Mar	9am	Surf Ed, Activities U6 - U14	Dee Why Beach
		Backup Club Champs/Iron person	Dee Why Beach
Sat 27th -28th Mar		Dee Why Nipper trip away	Orange
		<i>Sun 4th Apr: Easter Break</i>	
Sun 11 th Apr	2pm	AGM / Presentation night	Dee Why SLSC



Beach Setup/Pull Down /BBQ/Raffle Roster

- **Beach setup and pull down:**
 - At least 3 – 4 people required from rostered age group at 8am to assist their age manager
 - Set up the beach flag areas and sprint track
 - Set up the BBQ area
 - Assist in pack up at the end of nippers.
- **BBQ:** 3 people required from rostered age group to assist the BBQ Coordinator from 9am – 11.15 (pls. meet at BBQ area at 9am.)
- **Raffle:** 2 people required from rostered age group to sell raffle tickets from 9am – 10:45am and draw the raffle at 11am.

Date	Age Group	Date	Age Group
Oct 11 th	Under 10's	Jan 10 th	Under 8's
Oct 18 th	Under 9's	Jan 17 th	Under 7's
Oct 25 th	Under 12's	Jan 24 th	Under 13/14's
Nov 1 st	Under 13/14's	Jan 31 st	Under 11's
Nov 8 th	Under 11's	Feb 7 th	Under 6's
Nov 15 th	Under 6's	Feb 14 th	Under 12's
Nov 22 nd	Under 8's	Feb 21 st	Under 7's
Nov 29 th	Under 7's	Feb 28 th	Under 8's
Dec 6 th	Under 6's	Mar 7 th	Under 9's
Dec 13 th	Under 9's	Mar 14 th	Under 10's
Dec 20 th	Under 10's	Mar 21 st	Under 11's

Standard Events at Nippers

Beach Events:

- **Flags:** Run same as carnivals, max 15 starters in each group, Flag winner proceeds to next round, all age groups
- **Beach Sprint:** 70m track, max 15 starters in each race, the U6's & U7's may use a shorter track.
- **Beach Relays:** Team event on the sprint track with a baton

Water Events:

- **Wade:** Can be done for all age groups, is a carnival event for U8's only - 70m run on sand and in knee deep water around bunting held by several helpers.
- **Board:** For age groups U9's and up - board paddle around the cans and relays. Younger age groups may use the boards in order to familiarise themselves with the equipment but only under favorable conditions and with sufficient water safety
- **Swim:** 290m surf swim around the cans for age groups U9's and up. Younger age groups will be able to participate in a shorter course as deemed by their competence, pending good conditions and sufficient water safety.
- **Iron Person:** For age groups U9's and up. Not for the faint hearted - 290m swim, 70m run, 400m board paddle, 70m run.

Surf Education:

- A necessary part of nippers - teaching the nippers about the beach, surf, rips, marine life, conditions, pollution, patrols, how to get help, where to go if you get into trouble etc.

Introductory Bronze/SRC activities (New):

- Board Rescue (for those who are proficient)
- Tube Rescue (for those who are proficient)
- Rescue Carries
- DRABC
- First Aid
- Scenarios

Other Events:

- Suitable events will be created for the younger age groups by their age managers in order to encourage them to get into the water as often as possible. Events such as relays into waist deep water and diving under waves will be used to help build confidence
- Endurance/Obstacle course
- Tug – O – War.
- Beach Relays and ball events etc.

Carnivals:

- All Nippers from U8's and up will be encouraged to compete in carnivals.
- Carnival competitors will be given incentives such as their own club board to use during nippers, at training and at carnivals.
- Competitors will be expected to attend training sessions as they would in any other competitive team sport.

Committee contact information

Position	Name	Contact
• Nipper Coordinator:	Matthew Molina	0402 247 886 activeauto1@optusnet.com.au
• Nipper Assistant Coordinator:	Rob Stephens	0416 219 966 robertstephens999@hotmail.com
• Nipper Secretary:	Margret Roberts	0414 470 003 marg@rojac.com.au
• Nipper Treasurer:	Janine Portelli	0415 597 618 fusabox@gmail.com
• Water Coordinator:	Roger Jacobs	0414 470 004 roger@rojac.com.au
	Woody Cornelius	scud2@optushome.com.au
• BBQ Coordinator:	Janine Portelli	0415 597 618 fusabox@gmail.com
• Junior Registrars:	Kristina Eglesz	feglesz@hotmail.com
	Maria Malpass	mariamalpass@yahoo.com.au
• IRB Coordinator:	Ron Tyson	0418 166 000 ron@peakmotivation.com.au
	Woody Cornelius	scud2@optushome.com.au
• Point Scorers:	Frank Eglesz	feglesz@hotmail.com
	Wade Beach	marketeering@bigpond.com
• Carnival Coordinator:	Cam Wyllie	0413 621 857 cam_wyllie@hotmail.com
	Grant Marshall	marshall21@bigpond.com.au
• Carnival Entries:	Mary Cornelius	mary.cornelius@optusnet.com.au
• Junior Development officer:	Matthew Molina	0402 247 886 activeauto1@optusnet.com.au

Position	Name	Contact
• Uniform Shop Coordinator:	Bec Marshall	marshall21@bigpond.com.au
• Nipper Head Coach:	Cam Wyllie	0413 621 857 cam_wyllie@hotmail.com
• Water Coach:	Grant Marshall	marshall21@bigpond.com.au
• Beach Coach:	Ray Clarke	0417 973 797 ray@rayclarke.com
• March Past Coach:	Mary Cornelius	mary.cornelius@optusnet.com.au
• Child Protection Officers:	Kristina Eglesz	eglesz@hotmail.com
	Jenny Lloyd	
• Education Officers:	Steve Haggett	shaggett1@optusnet.com.au
	Kaz Marks	covote18@bigpond.net.au

Age Managers contact information

U6's	TBA		
U7's	Dannealle Hannam	0423064768	danealle@screenrights.org
U8's	Robert Stephens	0416219966	robertstephens999@hotmail.com
	Robert Condor	0411244300	r_condor@hotmail.com
	Ben Davies	0424189016	benrdavies@bigpond.com
U9's	Ben Malpass	0431011887	bmalpass@bigpond.com
	Warren Hannam	0433448556	danealle@screenrights.org
	Vern Mitchell	0416144707	annivern@spectrum.com.au
U10's	Matthew Molinia	0402247886	activeauto1@optusnet.com.au
	Ron Tyson	0418166000	ron@peakmotivation.com.au
	Jason Goodwin	0439848119	
U11's	Ray Clarke	0417973797	ray@rayclarke.com
	Ross Hockley		ross@jensencarco.com.au
	Nick Webster		
U12's	Anthony Johnson	0414349281	tony@lateralcorp.com.au
	Grant Marshall		marshall21@bigpond.com.au
	Steve Rashleigh		s_rashleigh@optusnet.com.au

U13's Mary Cornelius 0404890026 mary.cornelius@optusnet.com.au
Wade Beach 0410491546 marketeeing@bigpond.com

U14's Cam Wyllie 0413621857 cam_wyllie@hotmail.com
Frank Eglesz feglesz@hotmail.com.au

Junior Assistant Age Managers

U6's Amite Skinner
Jamie Listberger

U7's Connor Wyllie
Reid Tucker
Sebastian Kadziela

U8's Taylah Davies

U10's Ryan Tucker

U13's Mali Cornelius



Website: www.dyslsc.org.au. Go the to nippers tab for updated information.