



Dee Why Surf Life Saving Club 2009 – 2010 Season

Welcome to another summer at Dee Why Beach.

Club Registration Dates: Sunday 13th and 20th September
Time: 9.00am – 11.30pm at Dee Why Surf Life Saving Club
A birth certificate or passport MUST be sighted with all new nipper registrations at Dee Why.

Cut off date for age categories is the 30th September 2009

2009/2010 Nippers Registration Age Group and Membership Fees			
Year You Were Born	Age Group	Annual Fees	Age Manager/s
1 st Oct 03 – 30 th Sept 04	U/6	\$65.00	Jnr Assistants: Amite Skinner/Jamie Listberger
1 st Oct 02 – 30 th Sept 03	U/7	\$65.00	Dannealle Hannam/Connor Wyllie (Jnr Assistants: Connor Wyllie, Reid Tucker, Sebastian Kadziela)
1 st Oct 01 – 30 th Sept 02	U/8	\$80.00	Robert Stephens/Robert Condor/Ben Davies (Jnr Assistant: Taylah Davies)
1 st Oct 00 – 30 th Sept 01	U/9	\$80.00	Ben Malpass/Warren Hannam/Vern Mitchell
1 st Oct 99 – 30 th Sept 00	U/10	\$80.00	Matthew Molina/Ron Tyson (Jnr Assistant: Ryan Tucker)
1 st Oct 98 – 30 th Sept 99	U/11	\$80.00	Ray Clarke/Ross Hockley/Nick Webster
1 st Oct 97 – 30 th Sept 98	U/12	\$80.00	Anthony Johnson/Grant Marshall/Steve Rashleigh
1 st Oct 96 – 30 th Sept 97	U/13	\$80.00	Mary Cornelius/ Wade Beach (Jnr Assistant: Male Cornelius)
1 st Oct 95 – 30 th Sept 96	U/14	\$80.00	Cam Wyllie/Frank Eglesz
Family Membership		\$220.00	
Nipper Parents		\$45.00	

Nipper Proficiencies

All nippers from U/8 to U/14 must complete a basic swimming assessment test before entering the water or participating in any nipper activities. The swimming assessment and full proficiency timed pool swims will be conducted at the **Definition Pool (Sea Eagles), Pittwater Road, Brookvale** on Saturday afternoon **26th September 2009** between **3.00pm – 5.00pm**.

Nippers Timed Pool Swim Proficiency Requirements		
Age Group	Distance	Time Limit
U8	25 Metres (any stroke)	NA
U9 and U10	200 Metres	6 Minutes
U11 to U14	200 Metres	5 Minutes

Contact

Matthew Molina	Nipper Coordinator	activeauto1@optusnet.com.au	0402 247 886
Steve Haggett	Surf Education Officer	shaggett1@optusnet.com.au	0413 005 996

2009/2010 Nipper Season Starts Sunday 11th October 2009 at 9.00am

Surf Rescue Certificate (SRC)

For those 13 and 14 year old juniors (U14's), the Surf Rescue certificate (SRC) is a must for nippers competing at the State Championships and to attend all Open Carnivals. The SRC is a great preparation for your Bronze Medallion at age 15.

Basic Resuscitation Certificate

This year the Basic Resuscitation Certificate will again be offered for 10 to 12 year olds. More information will be available at the start of Nippers.

Nippers Program

The majority of Nipper events this season will be held on Sunday mornings. We start at 9am on the dot under the shade-sails at the Dee Why Surf Life Saving Club. All nippers must get their names marked off the attendance sheet at the **commencement** and **conclusion** of the day's nipper activities. Please refer to the calendar or newsletter for information on Sunday activities.

Club Information

To keep you in the know a newsletter is published and contains a detailed calendar of up and coming activities and other items of interest. You can also access our website www.dyslsc.org.au

Club Championships & Iron Person Series

The club championships will be contested over four specific Championship Days where your best three days' race results will go towards the trophies. There is also a **Junior** (U9/U10), **Intermediate** (U11/U12/U13) and **Senior** (U14) Iron Person race series run on three separate Sundays. These dates are noted on the Junior Calendar (available under Nippers on the website).

Training

An extensive Nipper Training Schedule is available for all our Nippers. Please refer to the training program for details.

Carnivals

Besides our Sunday events, the Club is part of the Sydney Northern Beaches Branch, which represents all Northern Beaches Clubs. Dee why will participate in all Junior Branch Carnivals and the Junior Branch Championships. Surf Life Saving NSW also stages the NSW Junior Championships, which this season will again be held at Swansea Belmont from Friday 19th February to Sunday 21st February 2009.

Parents

Nipper parents are asked to take up club membership at a fee of \$45.00. As Club members you are entitled to use the Club's change rooms, warm showers and enjoy the relaxed atmosphere of the Betty Barry Room and Bar. As you'd appreciate, marshalling the kids smoothly through all their events each Sunday requires input from lots of Nipper parents, so why not make it a family affair and help out. It's easy, rewarding, fun and we're sure you'll find something that you will enjoy. Parents must be members of the club before they can assist. **Remember Parents, Nippers is not a child minding service, Parent(s) are requested to be present with their children for the duration of Nippers activities.**

The Club encourages all parents to help with water safety, **but you must be qualified by holding a Surf Life Saving Bronze Medallion or Surf Rescue certificate (SRC) and you must pass a proficiency test for the current season.** If you are interested in gaining either Bronze or SRC awards, please speak to Steve Haggitt (Surf Education Coordinator and Instructor) or one of the Junior Committee members, or check the message board just inside the Clubhouse about the courses being run. You'll surprise yourself with your new life saving skills and you'll get to support your kids at the same time.

Social Activities

On the social side, there are things on the calendar like our regular Sunday BBQ at the Club, Trivia Nights, Golf Days, Picnics and more. The Surf Club bar is open to Nipper parents every Sunday from 11.00am.