



The Deewhy Surfer

No. 107
December 2011

- December 12 - 6.30 pm – 8 pm
- Land Proficiency – Betty Barry Room, Dee Why
- December 15 and 16
- Ocean Thunder Round 1 Boat Series showing on FOX Sports @ 6pm
- December 17 - 6:00 am – 3 pm
- Ocean Thunder Boat Series – Rd2 - Dee Why (help required)
- December 17- 3 pm - 4 pm
- Water Proficiency Dee Why Beach
- December 18
- Nippers Over the Hill Challenge – Dee Why Beach
- December 18
- Warringah Council Christmas by the Beach – The Strand closed 9am to 9pm
- Xmas Day
- Plum Pudding Hunt 9.30am followed by President's Xmas Drinks
- Saturday, February 4, 2012
- Sun Run (help needed from 5 am)

Welcome to Summer - the water is suddenly freezing and the weather unpredictable.



BUILDING

The extension was signed off by the Certifier in mid-November after the completion of the installation of the disabled chair lift. We then moved quickly to complete the tiling of the new upstairs room and we have already had new enquiries for the hire of that spectacular room.

The Life Member Tom 'Wockeye' Hand surfboat has been hung from the roof of the 'new' boat storage area and for those older members it is just like old times back in the 1980's.

SPONSORSHIP

Another very successful Sponsors' Evening was held - November 5. Highlighted was the launch of the sample of the Dee Why SLSC Centenary Book which was received with wonderment at the innovative cover and the quality of the written word. Several of the sponsors on the night expressed a desire to purchase copies to present to their clients. Another highlight was the presentation by club member and MasterChef contestant, Hayden Quinn. Hayden regaled us with tales of his time on MasterChef and how his time in the surf club and as a Warringah Council Lifeguard prepared him for the six months of cut throat competition. Elsewhere in the newsletter you will read how Hayden as joined the commentary team for the Kellogg's Nutra Grain Ironman Series this summer.



However - for me - the real highlight was to have two of our junior members - who have been selected to represent Dee Why SLSC as our Junior Lifesavers of the Year - make a presentation to the sponsors. To both Melanie Bulic and Shaun Wylie, you did a fantastic job. You both carried on the tradition of our previous Life Saver of the Year representatives. What was amazing about their presentation was that they only had 24 hours to prepare to speak before a public audience!



As usual many club members assisted to make this evening a success. Thanks to those who helped erect the beach display, who looked after the catering and to the Nippers (and their co-ordinators) who did their usual outstanding display. Of course, many thanks also go to both Sue Cheney and Bec Marshall - who both go the extra two or three miles in ensuring that the presentation on the evening is the best around.

PATROL TRAILER

Our last newsletter covered the story about the fantastic patrol trailer and how well it has been received. Most will not know that Matt Molinia provided his expertise and labour in building the trailer for free – however, it still cost just over \$12,000 for materials!!!! What is even more pleasing though is that our application under the NSW Government Lifesaving Equipment Grant was successful in being awarded half the cost of the Patrol Trailer which eases our cash flow position just a little bit.

BRONZE



Our Bronze training group successfully completed their land skills assessment last Monday and undertook their water skills assessment on Saturday in Freshwater. Well done on your achievement and we look forward to seeing you around the club.



UPCOMING EVENTS

The second round of the Ocean Thunder is to be held on Saturday, December 17 and your assistance is again requested to help set up and, particularly, from about 3.30pm to assist in pulling down. The next day the Strand is being shut to traffic so that the Warringah Council Christmas by the Beach can be staged. Our involvement is to allow Santa and his Elves a place for recuperation between forays into their adoring crowd from 9am to 9pm.

Also you may have read in the Manly Daily, Dee Why Beach will be the centre of the world's attention at 9pm on Saturday, December 31 as the fireworks are released from a barge moored 600 metres off the pole. The club will be opening the Betty Barry Room for club member use and - while plans are still being formulated - we will make the BBQ available for you to cook your own food and the bar will be open.....Simon

The Club has purchased new TYR Costumes, Rash Vests and Jammers

MEN'S COSSIES \$27.50 - \$30

WOMEN'S 1-PIECE \$50 - \$55

WOMEN'S 2-PIECE \$60 numbers limited

RASH VESTS \$40 - \$45

JAMMERS \$40 - \$45

The Club has priced these items at a very low profit margin, in fact taking the cost to the nearest five dollars, so that you can buy as many items as possible. Please see Janine in the clothing shop every Sunday morning before and during Nippers to pick up some great bargains.



Hayden Quinn joins TEN's IronMan commentary team

Published Date:28/11/2011

15:40 PM

Network Ten is pleased to announce that Hayden Quinn will join TEN's commentary team for the 2011/12 Kellogg's Nutri-Grain IronMan Series.

Joining hosts Nicole Livingstone and Mark Howard, and expert commentators Guy Leech and Trevor Hendy, Quinn will make his debut as beach side commentator live on Sunday, December 18 at Surfers Paradise – the first event of the series.



Featuring the country's best Surf Life Saving athletes competing in the most gruelling ocean based competition on the planet, the 2011/12 series will boast six rounds at iconic Australian beaches featuring popular formats that test endurance, power, skill and speed.

Head of Sport, David Barham said: "We are thrilled to welcome Hayden to the commentary team for the 2011/12 series."

"His easy going nature, charisma and accessibility teamed with his experience as a professional lifeguard makes him the perfect addition to the IronMan commentary team."

Quinn who has grown up on Sydney's Northern Beaches and has been a professional lifeguard for the past seven years added: "This is a wonderful opportunity for me and I am really looking forward to working with such a great group of people including IronMan legends Guy Leech and Trevor Hendy."

"Surf Life Saving is what I know and being a part of TEN's IronMan commentary team allows me to combine my love of the ocean and my experience as a professional lifeguard with the opportunity to hone my skills as a television commentator and presenter."

The first round of the 2011/12 Kellogg's Nutri-Grain IronMan Series commences on Sunday, December 18 at 2pm on TEN.



SUNDAY MORNING EVENTS

All bronze holders welcome

**10.30 AM for 11.00 AM start
every Sunday**

**You don't have to be an elite
athlete to compete
All levels for a fun morning
individual & team events
handicap events**

Great prizes

**This only works with
PARTICIPATION BY MEMBERS
NEW members come along
Encouragement is the key
Have fun**



2012 Centenary Celebrations

To celebrate, Dee Why SLSC will have many events and opportunities to be part of the festivities.

This includes:

- Friday, October 12th @ DYRSL for welcome drinks
- Saturday, October 13th @ Miramare Function Centre for the Centenary Ball
- Sunday, October 14th @ DY Surf Club for recovery brunch

An account has been established where you may pre pay for the 100 Years Book and also for the Centenary Ball.

The account details are:

BSB:062155

A/C: 28007911

You must include your name and a description of the payment.

eg.: Joh Bloggs Book.....If you are part paying for the Book

eg.: Joh Bloggs Ball.....If your are part paying for the Ball/ Dinner

Deposits can be made direct via Netbank as above or via cheque to the Club Secretary – PO Box 151 Dee Why NSW 2099



CLUB CAPTAIN UPDATE

Denise Gammie

With Christmas upon us and a very chilly start to this year's Summer, this is just a quick wrap up from the Captain's team.

Patrols are running smoothly – thank you to all of you for making this happen. International Volunteers Day was last Monday, 5/12/11 so THANK YOU for your help & assistance in running the patrols as effectively as you do.

The last SRC group was made to feel especially welcome and many of them are not only doing their own patrols but have taken to voluntary patrols - with a few giving Steve Polley a run for his money!

We have a new bronze group almost finished, there is a Driver & Crew Course underway and we'll have more of the same to commence in the New Year, more details will be announced soon.

Proficiencies are almost completed and this area always presents a few challenges. Thanks for your patience, thanks to those already proficient, please contact Greg or myself if you have any concerns or suggestions.

I was lucky enough to be involved in the interview process for our Junior Lifesaver of the Year nominees. I was staggered by each of the candidates in how well they spoke, how they presented themselves and what they could do. It was no easy decision

trying to select a male and female nominee and I congratulate Melanie and Shaun at being selected. They both went on to present a wonderful speech together at the Sponsors' Evening and certainly did the club proud.

We were able to trial the iRescue board, the inflatable rescue board. Many of you have had a chance over the last week to have a try on the board, even this old duck! 98% of you loved it, thought it was a good idea etc. We have yet to trial the iMat but I'm hoping that if it won't be this year, probably early in the new year, so stay tuned!



Just a reminder in regard to the patrol trailer – please don't forget to engage all legs. A few times it's been noted that the legs under the seat area weren't down. Can you also return the keys to the lockers at the end of each patrol and please, keep the trailer clean & free of your rubbish.

I'd like to take this opportunity to wish you and your families a very relaxing Christmas break and a Happy New Year. Thank you all for your support, words of



encouragement, suggestions and feedback.
See you on the beach!

Peter Firminger is always there to lend a hand (or pole).....



TRAINING TRAINING TRAINING

MONDAY – NARRABEEN LAKE, SHARK PARK
MEET AT THE CAR PARK READY TO BE ON THE
WATER AT 5PM

TUESDAY – DEE WHY BEACH SKI TRAINING
WITH PETER HATFIELD 5PM

WEDNESDAY – DEE WHY BEACH WITH
SCOTT JONES

THURSDAY – DEE WHY BEACH SKI TRAINING
WITH PETER HATFIELD 5PM

FRIDAY – DEE WHY BEACH CROSS TRAINING
SESSION 5PM

SATURDAY – DEE WHY BEACH CHANGE-OVER
SESSION

4TH AND FINAL PROFICIENCIES

LAND SKILLS - Monday DECEMBER 12

BETTY BARRY ROOM 6.30 – 8PM

WATER SKILLS SRC, Bronze, IRB Crew &
Drivers

Saturday, DECEMBER 17 - DEE WHY 3-4PM

Followed by Spinal Management 4pm-6pm



RSL CLUB

BOARD & SKI PETE HATFIELD

This month, our Junior paddlers were invited to attend a coaching clinic with Australian U23 Coach, Jimmy Walker, which was held at Narrabeen Lake. Conner Wyllie, Taylah Davies, Emma Jeffcote and Maddie Quinn attended. Thanks to SLSA and Australian Canoeing for the initiative - our paddlers all took home some valuable skills.



Ski training is building this coming month: we're increasing the intensity heading towards the Manly and Freshwater

Carnivals. Training is Tuesday and Thursday at 6pm and Saturday at 7.30 am, Sunday mornings some paddlers head out for a casual float at 8am .

Best wishes to Harrison Selby who had his Appendix removed this week and Torsten and Jacquie Lachman who are expecting their first child any day!

NIPPERS MATT MOLINIA

With the season now well and truly under way, the competition component of the season is in full swing. On November 13, we started with one of the biggest junior carnivals of the year at Manly, with 1500 nippers attending - Dee Why sent in excess of 40 competitors. Our U8's, 15 strong, arrived all enthusiastic for their first taste of competition and managed a 5th and 6th place in the Boys and Girls Wade Relays respectively. All of our young U8 competitors managed to progress through several heats and thoroughly enjoyed the experience. Our U10 competitors arrived in force, not only competing in the individual events but with all members competing in team events showing new found team spirit and camaraderie. In the U12s, Justin Ly once again showed his strength in the Flags event coming in 3rd place. Keeping it in the family, Justin's older sister - Taylor Ly in the U13s - managed a 6th in her Flags event. Our Senior U14s Board Relay team consisting of Daniel Rashleigh, Harry Marshall and Shaun Wyllie picked up a 5th place in a very competitive field.



Congratulations to all those who attended the carnival and represented Dee Why with pride.

Our normal nippers continued for the next couple of weeks including another round of Club Championships and Iron Person. Once again, on November 27, we ran our annual Handicap challenge. The intent of the Handicap challenge is a fun day for our Nippers. Our less competitive get to come out in front and the more competitive get to chase down those ahead instead of their normal cruise to the finish line. All nippers enjoyed the day and fun was had by all.



On Sunday, December 4, Dee Why sent 56 nippers to Queenscliff for the 2nd Junior

Carnival of the year. The day started off slowly with a very challenging surf. By midday the weather had turned against us and many of the events were cancelled due to time constraints. Even though conditions were poor, we still managed some results. Mitchell Bernes of the U8s managed a 1st place in the Beach Sprint. Louis Mitchell of the U10s managed a 6th place in the Flags and Justin Ly of the U12s managed to improve on his position at Manly by taking out 2nd place in the Beach Flags. Our U10 Boys Board Relay team of Charlie Mowbray, Nick Marshall and Lachlan Campbell came 1st in their heat and managed a spot in the Final. Once again well done to all competitors - especially those who braved the wind and rain and hung around after the carnival was suspended for 45 minutes.

Up coming Events:

Sunday, December 18: Over the hill challenge with Nth Curl Curl at Dee Why beach. Santa will be there and treats for all the nippers.

Nippers on a break Xmas Day and New Year's Day. Back at Dee Why Beach - January 8 for the Long Reef Challenge.

Xmas Day
Annual Plum Pudding Hunt
and swim for all
club members, parents and nippers
Dee Why Beach
9:30am
followed by
President's Christmas Drinks shout



SURF BOATS

STEVE SCOTT

We have 2 editions of Surf Boats this month. November's edition was overlooked in the last newsletter. This will be followed by the December edition.....Editor

November edition

The 2011-12 season kicks off for our boat crews at Newport on November 5. This year we commence with 2 Open Women's crews which will be a first for our club.

Aaron Moon has been working hard for the best part of a season to get 4 girls on the water. The DY Black Swans will have their first start ever at Newport with still some other girls to come on line after completing their BM. Good luck girls.

I will be sweeping a Girl's Crew after 2 girls from MacMasters Beach worked on Hallie (my better half) to row. So we would like to welcome to our club the following girls:

Allecia Pollicina - MacMasters

Carla Ellis - MacMasters

Julie Chivers - North Steyne

.....joining Hallie in Steve's crew

AND

Felicity Bell – Umina

Kylie Ryder - North Steyne

..... joining Rebecca Gibbs and Tara Gibb in Aaron's crew.

Tom Wilson has the mighty U19 Danger Dawgz ready to race for the first time and it

is great to have some junior boys coming through. The crew is very keen and looking great and will improve with every start. Good odds now, but will shorten later in the season.

The DY Dingo's - our current U23 Australian rep crew - start off their campaign to bring back to the club some of those medals of a Gold (not Silver) colour. The Dingo's will be representing the club in this year's Ocean Thunder Series which kicks off at our beach on November 12. Although up against the cream of Australia's Open crews, we wish them well and are expected to finish in the top half of the field.

Finally, we would again like to mention our new club and boat sponsor TASTE LIVING who will be purchasing our new TASTE branded surfboat - due for delivery in January. All members are encouraged to drop in and have a look at the new TASTE showroom on Pittwater Road (between the Sea Eagles oval and the Leagues Club). If you want to buy anything for your home, this should be a first stop, you won't be disappointed. Don't forget to mention you are from the club. We wish Charbel Rizk and TASTE'S 4 magnificent new showrooms across Sydney all the best.



December Edition

Dingo's on track. The dingo's U23 crew have won there last 3 from 4 starts which places them second overall in the State Premiership which they won last year. North Steyne leads us by won point having won the Northern Beaches after the Dingo's could only manage a 4th in their first start after getting hit by a wave in the final at Newport. Since then they have raced superbly winning all finals including the 'AA' points premiership carnival at Mollymook.

The crew also finished a creditable 11th in the first Ocean Thunder series. Considering 24 of some of Australia's top Open crews contest this series it is a very good result. The boys got a real shock at the pace of racing but soon adjusted and got better and better as the day went on. They raced 8 races and were unlucky not to make the top 8 missing by .5 of a second on the run up the beach. We also only raced with the 4 rowers where other crews had a fifth making a decision to use the first series as a development for the crew as it was so early in the season. On December 17, the second event will be held at DY and look to see the crew improve the first start placing. For those interested the first event is showing on FOX Sports at 6PM on Thursday, 15/12 and Friday, 16/12.



Girls in boats.

This season we have 2 Open ladies crews the "Black Swans" swept by Aaron Moon and the DY Physicists swept by yours truly. Aaron's crew are first year racers and are learning fast and really just need lots of carnival experience to improve. In there only start so far at Newport they narrowly missed the cut after getting some spectacular photos as they went up and over a large wave.



Our other crew the Physicists have some experience on their side and have made all finals - although have a best result of 3rd after clashing with another boat in 1 and capsizing after being smashed by a huge wave at Mollymook. Lots of improvement still in this crew as they are a new combination.



Our 4th crew is our U19 boys crew swept by Tom Wilson and they are also a new combination who are going to be very good later in the season. They have only had one start so far as an U19 crew and one start as a reserve crew due to a rower away with James Sterling filling in. They raced very well placing in a couple of races and as soon as 'schoolies' is over and they train every session we can look forward to some good results.



IRB REPORT ALLAN SKINNER

Christmas will soon be here. It's a time for celebrating, and we all deserve to have some fun after all our efforts on the beach so far this season.

Everyone has put in a fantastic effort, I have been observing all the drivers and crew and I thank you for taking extra care keeping everyone safe as we have had no injuries involving our IRBs so far this season. Fantastic - keep up the good work.

All drivers and crew that haven't yet completed their proficiencies, please be patient as you know we do need the right ocean conditions, anyone can drive and crew in flat seas, as soon as you see or hear the seas are up you are more than welcome to call me and I will try to get an assessor on the beach on those days.



Once again we are working towards getting everyone proficient so please be patient.

We have had some really yucky days on patrol so far overcast and wet, but we have also had some beauties as well, with the beach packed with visitors working on their tans. I would like to remind everyone that the bladder in the IRB must be checked and burped if necessary every 10-15 minutes, so keep an eye on that for me if you will.

We will be conducting more training in the New Year, so if there is anyone that wants to be a crew person or a driver, please email me with an expression of interest and we will put the course on for you.

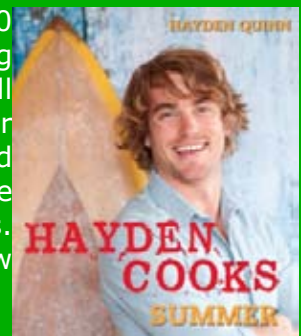
I will take this opportunity to thank Dave Spinks for training four new crew members, along with Ron Tyson and Matt Molina assisting. We are now also looking for members to join the IRB Race Team, so if you're interested in taking your skills further and competing for the club, training will be starting soon. It is intense driving and crewing; lots of training but it's really good fun with good people, not to mention a great opportunity to go away for weekends during the off season. Again you can call or email me if you're interested and I will pass it on to Matt.

We have sent one of our IRBs off to the North Pole to pick up Santa, and if all goes well he should be arriving on Dee Why Beach on December 18, so we must all keep an eye out for him, as I think he will be bringing lots of goodies for everyone.

I hope everyone has a wonderful Christmas, don't forget the Fireworks are on our beach this year so we can all celebrate the New Year together.



Check out Hayden's 20 recipe eBook, covering everything from small dishes, to larger sharing plates and everyone's favourite summer desserts. Click on the link below



<http://www.haydenquinn.com.au/2011/12/my-first-ebook-has-arrived-hayden-cooks-summer/>



COMPETITION

Marty Quinn – Head Coach

QUEENSLIFF OPEN - DECEMBER 3

Adam Hockley U15 Beach Sprint 3rd
U15 Flags 3rd

This was Adams first senior carnival and his results were great, shows what a bit of training and some good coaching from Alex Wyer can do. Well done Adam.

Emma Jeffcoat, Madison Quinn, James Listberger and Jack-Henry Bryant competed in Board, Ski, Ironman and Relay events.

U17 Ski Emma - 4th
Jack and Jamie - Final
Open Ski Madi - Final
Open Mens DoubleSki - Jack & Jamie 8th
Open Womens DoubleSki - Madi & Emma 4th
U17 Taplin Emma-Jack-Jamie 6th
U17 Board Emma 4th
Jack and Jamie - Final
U17 Ironman Emma 3rd
Jack and Jamie - Final
Open Womens Board Madi 6th
Open Womens Board Rescue Madi/Emma 5th

Boats. We had 2 crews competing - Open Womens and U23 Male. Open Women through to the first Semi-Final. A great effort so early in the season and welcome to the new girls to the club. U23 Men went all the way through to the Final where they had a victory – their 3rd this season. Well done boys. Thanks to Peter Hatfield, Jenny Listberger and Sue Jeffcoat for their help on the day.



Dee Why Surf Club thanks the following sponsors



Warringah Council



DeeWhyGrand

